

## Group: Biopsychiatry

### Your Survey Score

87%

← Constructive

Destructive →

**A higher score represents an increased probability of unhealthy, destructive, authoritarian influence.**

Many think of mind control as an ambiguous, mystical process that is difficult to define. Mind control refers to a specific set of methods and techniques, such as hypnosis or thought-stopping, that influence how a person thinks, feels, and acts. [Dr. Steven Hassan developed the BITE Model<sup>®</sup>](#) to describe cults' specific methods to recruit and maintain control over people. "BITE" stands for Behavior, Information, Thought, and Emotional control.

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